

Corporations are not people reclaiming democracy from big money and global corporations (Download Only)

Corporations Are Not People Corporations Are Not People Life after Privacy I Will Not Die an Unlived Life Reclaiming the Fire No, Hell No, and Not Anymore: Reclaiming My Life from Toxic People and Things Reclaiming Gotham Reclaiming Conversation Reclaiming economics for future generations NOT "Just Friends" Reclaiming Environmental Justice I Will Not Die an Unlived Life Judge Advocate Beyond Data Reclaim Your Heart You're Not Broken Reclaiming Natural Movement Reclaiming Black History Reclaiming Representation Reclaiming Body Trust Reclaiming Goodness Reclaiming Your Joy The Art of Saying No The Pastor as Public Theologian When It's Never about You Reclaiming Your Heart Reclaim Reclaiming the Secret of Love Reclaiming the Streets Toxic Relationships 50 American Revolutions You're Not Supposed to Know Reclaiming the State It's Now Or Never Reclaiming Christmas Reclaiming Nature Reclaiming Everyday Peace Feminist City No Period. Now What? Reclaiming Public Space through Intercultural Dialogue

Corporations Are Not People 2014-08-18

americans are using new strategies and tools to renew democracy and curb unbalanced corporate power still essential the citizens united decision continues to distort the electoral process and expand the power of corporations updated throughout this second edition details both the ruling s expanding damage to democracy and in an all new chapter how citizens can lead the battle against it the supreme court s citizens united ruling that corporations are people eliminated campaign finance restrictions and dramatically increased corporate power but attorney jeff clements shows how you can fight back clements explains the strange history of how the supreme court came to embrace a concept that flies in the face of not only all common sense but most of american legal history as well he shows how unfettered corporate rights will impact public health energy policy the environment and the justice system in this new edition clements details citizens united s ongoing destructive effects for example chevron was able to spend 1 2 million to influence a single local election in a city of 100 000 people but he also describes the growing movement to reverse the ruling since the first edition 16 states 160 members of congress and 500 cities and towns have called for a constitutional amendment to overturn citizens united and in a new chapter do something clements shows how state by state and community by community americans are using new strategies and tools to renew democracy and curb unbalanced corporate power a plain english guide to the disastrous practical consequences of the bizarre legal doctrine of corporate personhood enshrined most recently in the supreme courts citizens united decision features a constitutional amendment designed to overturn citizens united and restore the government to the people includes a tool kit to help citizens mount a grassroots campaign to pass the peoples rights amendment the january 2010 supreme court citizens united v federal election commission decision marked a culminating victory for the legal doctrine of corporate personhood corporations as legal persons are now entitled to exercise their alleged free speech rights in the form of campaign spending effectively enabling corporate domination of the electoral process jeffrey clements uncovers the roots expansion and far reaching effects of the strange and destructive idea which flies in the face of not only all common sense but clements shows most of american legal history from 1787 to the 1970s he details its impact on the american political landscape economy job market environment and public healthand how it permeates our daily lives from the quality of air we breathe to the types of jobs we can get to the politicians we elect most importantly he offers a solution a constitutional amendment to reverse citizens united and tools readers can use to mount a grassroots drive to get it passed overturning citizens united is not about a triumph of one political ideology over another it s about restoring the democratic principles on which america was built republican president theodore roosevelt and conservative supreme court chief justice william rehnquist both vocally opposed the idea of corporate personhood community by community state by state we can cross party and ideological lines to form a united front against unchecked corporate power in america and reinstate a government that is truly of by and for the people

Corporations Are Not People 2017-01-23

since the supreme court s citizens united ruling that the rights of thingsmoney and corporationsmatter more than the rights of people america has faced a crisis of democracy in this timely and thoroughly updated second edition jeff clements describes the strange history of this bizarre ruling its ongoing destructive effects and the growing movement to reverse it he includes a new chapter do something showing howstate by state and community by communityamericans are using creative strategies and tools to renew democracy and curb unbalanced corporate power since the first edition 16 states 160 members of congress and 500 cities and towns have called for a constitutional amendment to overturn citizens united and the list is growing this is a fight we can win

Life after Privacy 2020-09-08

privacy which digital citizens eagerly relinquish is not so essential to the health and welfare of democracy after all

I Will Not Die an Unlived Life 2000-10-15

the author and psychotherapist shares her journey of illness and recovery in this inspiring guide to living your life to the fullest in i will not die an unlived life dawna markova recounts her incredible journey from being diagnosed with a life threatening illness to finding deeper meaning in her life along the way she guides readers toward discovering their own sense of value and purpose when we feel lost markova points out we can either continue to live habitual lives and resign our strength or we can choose to follow our passions many of us have times of feeling stagnant and sapped of energy rather than judging these moments negatively dr markova

reframes them as periods of rest for our passions in doing so she challenges us to slow down and stay in touch with ourselves poetic and inspiring i will not die an un-lived life is a powerful reminder that it is never too late to live your life

Reclaiming the Fire 2001-07-03

the definitive work on avoiding burnout written by the psychologist who is the leading specialist on the issue an illuminating and useful book for anyone coping with the pressures of work in reclaiming the fire dr steven berglas analyzes the rises and falls of corporate executives middle managers lawyers entrepreneurs and others as they struggle to handle the trappings of successful careers how does one deal with encore anxiety the monotony of having to use talents that are no longer psychologically rewarding why is it that our national obsession with wealth traps people in careers that often lead them to wonder is that all there is and why do highly successful people often set themselves up for disastrous falls dr berglas answers all these questions and many more in this groundbreaking book by discussing real people whose careers have left them feeling pressured burdened and jaded in his most progressive and striking contribution to the literature on career success dr berglas debunks the persistent myth that women suffer more stress and burnout than men he disproves the common claim that women involved both in careers and in family life suffer from trying to have it all and he demonstrates how the drive to form close interpersonal ties a drive that is intrinsic to women can actually prevent both men and women from experiencing burnout in a related analysis of the mentoring process dr berglas shows why it is more important for careerists to build legacies for future generations a process he terms generativity than to become obsessed with their own personal success he proves that the process not only benefits the student but provides the mentor with psychological satisfaction and even improved physical health reclaiming the fire uses the working world not the psychiatric couch as a venue for understanding the psychological and emotional burdens of success it is the first comprehensive account of how to balance self esteem and ambition while maintaining challenge and stimulation throughout your career reclaiming the fire provides insight into why baby boomers are currently suffering an epidemic of career dissatisfaction why women are uniquely suited to cope with the pressures that cause men to suffer burnout and what men can learn from them how to escape golden handcuffs the workaholic devotion to a job that is no longer emotionally satisfying how to cope with anger that threatens to sabotage your career how all professionals can identify the passions that will allow them to sustain and enjoy success throughout their lives

No, Hell No, and Not Anymore: Reclaiming My Life from Toxic People and Things ***2019-03-26***

when you live your life to fulfill people rather than care for yourself find love and find your place in god that is a problem no hell no and not anymore is the missing book from your book club conversation sharing a deep secret of a woman s desire to be validated appreciated healthy and spiritually empowered author tamisa m barrow came face to face with her no hell no and not anymore moment it was poignant yet clarifying moment that changed the course of her whole life she will help you stop tolerating abusive relationships and negative talk we say to ourselves today accept the numbers on the scale and make peace with our bodies trash the things we tell ourselves and replace them with wisdom to achieve victory in our lives make healthy goals find love re arrange priorities and find god in the process of it all this is not a book to teach you how to diet if anything what you ll gain in your life as a result of reading it will break the scale and restore your fulfillment in this life

Reclaiming Gotham 2017-09-05

how bill de Blasio s mayoral victory triggered a seismic shift in the nation s urban political landscape and what it portends for our cities in the future in november 2013 a little known progressive stunned the elite of new york city by capturing the mayoralty by a landslide bill de Blasio s promise to end the tale of two cities had struck a chord among ordinary residents still struggling to recover from the great recession de Blasio s election heralded the advent of the most progressive new york city government in generations not since the legendary Fiorello La Guardia in the 1930s had so many populist candidates captured government office at the same time Gotham in other words had been suddenly reclaimed in the name of its people how did this happen de Blasio s victory journalist legend Juan González argues was not just a routine change of government but a popular rebellion against corporate friendly policies that had dominated New York for decades reflecting that broader change liberal democrats Bill Peduto in Pittsburgh Betsy Hodges in Minneapolis and Martin Walsh of Boston also won mayoral elections that same year as did insurgent Ras Baraka in Newark the following year this new generation of municipal leaders offers valuable lessons for those seeking grassroots reform

Reclaiming Conversation 2015-10-06

in a time in which the ways we communicate and connect are constantly changing and not always for the better Sherry Turkle provides a much needed voice of caution and reason to help explain what the f is going on Aziz Ansari author of Modern Romance renowned media scholar Sherry Turkle investigates how a flight from conversation undermines our relationships creativity and productivity and why reclaiming face to face conversation can help us regain lost ground we live in a technological universe in which we are always communicating and yet we have sacrificed conversation for mere connection preeminent author and researcher Sherry Turkle has been studying digital culture for over thirty years long an enthusiast for its possibilities here she investigates a troubling consequence at work at home in politics and in love we find ways around conversation tempted by the possibilities of a text or an email in which we don t have to look listen or reveal ourselves we develop a taste for what mere connection offers the dinner table falls silent as children compete with phones for their parents attention friends learn strategies to keep conversations going when only a few people are looking up from their phones at work we retreat to our screens although it is conversation at the water cooler that increases not only productivity but commitment to work online we only want to share opinions that our followers will agree with a politics that shies away from the real conflicts and solutions of the public square the case for conversation begins corporations are not people reclaiming

solitude and self reflection they are endangered these days always connected we see loneliness as a problem that technology should solve afraid of being alone we rely on other people to give us a sense of ourselves and our capacity for empathy and relationship suffers we see the costs of the flight from conversation everywhere conversation is the cornerstone for democracy and in business it is good for the bottom line in the private sphere it builds empathy friendship love learning and productivity but there is good news we are resilient conversation cures based on five years of research and interviews in homes schools and the workplace turkle argues that we have come to a better understanding of where our technology can and cannot take us and that the time is right to reclaim conversation the most human and humanizing thing that we do the virtues of person to person conversation are timeless and our most basic technology talk responds to our modern challenges we have everything we need to start we have each other turkle s latest book the empathy diaries 3 2 21 is available now

Reclaiming economics for future generations 2022-01-25

today s economies fail to recognise that we are in a rapidly worsening crisis reproducing and often worsening vast and harmful inequalities between people and countries the current models are unsustainable and at a time when global temperatures are rising and divides are deepening humanity is left in a rapidly worsening situation of its own making the destruction of the living world which will make large parts of the earth uninhabitable without access to the knowledge skills or tools to build a better future local national and global economies will continue to fail to address the interlinked challenges of systemic racism inequalities faced by women the covid 19 pandemic and the nature and climate emergency across the world economics students are coming together under the banner of the student movement rethinking economics to create a better economics one which can help to create a world where all our children can flourish regardless of their gender background or birthplace drawing on over sixty interviews with students and professionals from identities and backgrounds marginalised in economics and a wide range of global and historical research this book illustrates the ways in which the discipline is currently not fit for purpose and sets out a vision for how it can be diversified decolonised and democratised the struggle to reclaim economics could not be more crucial our futures depend on it this book explains how it can be done

NOT "Just Friends" 2007-11-01

one of the world s leading experts on infidelity provides a step by step guide through the process of infidelity from suspicion and revelation to healing and provides profound practical guidance to prevent infidelity and if it happens recover and heal from it you re right to be cautious when you hear these words i m telling you we re just friends good people in good marriages are having affairs the workplace and the internet have become fertile breeding grounds for friendships that can slowly and insidiously turn into love affairs yet you can protect your relationship from emotional or sexual betrayal by recognizing the red flags that mark the stages of slipping into an improper dangerous intimacy that can threaten your marriage

Reclaiming 2022-07-14

reclaiming is a brilliantly written and thought provoking book through amazing story telling yewande highlights the richness in her culture that so many other black women can relate to it was extremely gripping right from beginning oloni this book highlights the topics and issues we still face in our society daily including some that i ve struggled with myself i think it s hugely important we keep having these conversations and this book certainly helps do just that olivia bowen reclaiming is comforting yet inspiring yewande has admirably opened up about her experiences growing up and facing difficulties such as colourism and mental health problems how she s so bravely over come them and found her voice i whole heartedly recommend this book to anyone mixed up in this complex generation looking for a relatable authentic and aspirational read demi jones i absolutely loved it i think it s clear to anyone who s read yewande s earlier essay that she s a phenomenal writer and talent and this is an incredible debut empowering instructive loving honest the kind of text that makes me excited to be a reader beth mcoll i m so proud of the strong intelligent woman yewande is she is using her platform and own experiences to educate inspire empower and to help others amy hart reclaiming is more than just a book title it s a statement it s power it s an announcement it s a force i feel yewande is making on behalf of all men and women of colour thank you yewande rachel finni i am more than enough and i am perfect with all my imperfections in 2021 yewande biala wrote a searing viral essay on the debilitating effects of having your name constantly mispronounced or changed from the incredible response to the essay it was clear that there are still so many conversations to be had around the way that we as a society respond to each other and the direct effect it is having on our sense of self reclaiming consists of interlinked essays covering a wide breadth of topics from struggling with your body image and mental health to navigating social media and dating apps without damaging your self esteem each essay covers a different topic affirming that maintaining your sense of self in a world that is not supportive of you is difficult but not impossible nuanced distinctly sharp and full of wit reclaiming holds a mirror up to us all and encourages us to like what we see

Environmental Justice 2002-09-26

shrader frechette offers a rigorous philosophical discussion of environmental justice explaining fundamental ethical concepts such as equality property rights procedural justice free informed consent intergenerational equity and just compensation and then bringing them to bear on real world social issues she shows how many of these core concepts have been compromised for a large segment of the global population among them appalachians african americans workers in hazardous jobs and indigenous people in developing nations she argues that burdens like pollution and resource depletion need to be apportioned more equally and that there are compelling ethical grounds for remedying our environmental problems she also argues that those affected by environmental problems must be included in the process of remedying those problems that all citizens have a duty to engage in activism on behalf of environmental justice and that in a democracy it is the people not the government that are ultimately responsible for fair use of the environment

I Will Not Die an Unlived Life 2000-10-01

the author shares her secret to breaking the habitual patterns that keep people prisoner as she describes her own path of discovering the fundamental meaning of life original

Judge Advocate 1995

why laws focused on data cannot effectively protect people and how an approach centered on human rights offers the best hope for preserving human dignity and autonomy in a cyberphysical world ever pervasive technology poses a clear and present danger to human dignity and autonomy as many have pointed out and yet for the past fifty years we have been so busy protecting data that we have failed to protect people in beyond data elizabeth renieris argues that laws focused on data protection data privacy data security and data ownership have unintentionally failed to protect core human values including privacy and as our collective obsession with data has grown we have to our peril lost sight of what s truly at stake in relation to technological development our dignity and autonomy as people far from being inevitable our fixation on data has been codified through decades of flawed policy renieris provides a comprehensive history of how both laws and corporate policies enacted in the name of data privacy have been fundamentally incapable of protecting humans her research identifies the inherent deficiency of making data a rallying point in itself data is not an objective truth and what s more its entirely contextual and dynamic status makes it an unstable foundation for organizing in proposing a human rights based framework that would center human dignity and autonomy rather than technological abstractions renieris delivers a clear eyed and radically imaginative vision of the future at once a thorough application of legal theory to technology and a rousing call to action beyond data boldly reaffirms the value of human dignity and autonomy amid widespread disregard by private enterprise at the dawn of the metaverse

Beyond Data 2023-02-07

reclaim your heart is not just a self help book it is a manual about the journey of the heart in and out of the ocean of this life it is a book about how to keep your heart from sinking to the depths of that ocean and what to do when it does it is a book about redemption about hope about renewal every heart can heal and each moment is created to bring us closer to that transformative return reclaim your heart is about finding that moment when everything stops and suddenly looks different it is about finding your own awakening and then returning to the better truer and freer version of yourself many of us live our lives entrapped by the same repeated patterns of heartbreak and disappointment many of us have no idea why this happens reclaim your heart is about freeing the heart from this slavery it is about the journey in an out of life s most deceptive traps this book was written to awaken the heart and provide a new perspective on love loss happiness and pain providing a manual of sorts reclaim your heart will teach readers how to live in this life without allowing life to own you it is a manual of how to protect your most prized possession the heart

Reclaim Your Heart 2015-08

in one way or another we all carry trauma it can manifest as anxiety shame low self esteem over eating under eating addiction depression confusion people pleasing under earning low mood negative thinking social anxiety anger brain fog and more traumas big or little leave us trapped in cycles of dysfunctional behaviours negative thoughts and difficult feelings yet many people are unaware they re stuck in old reactions and patterns that stem from their past traumas many of us are wary of the word and push it away instead of moving towards it and learning how to break free dr sarah woodhouse is a research psychologist who specialises in trauma and is passionate about helping people face this word and their past in you re not broken she teaches you what a trauma is it s probably not what you think and how to recognise when why and how your past is holding you back she gently explains the pitfalls of ignoring awkward upsetting episodes and how true freedom comes from looking back at your past with honesty then sharing the latest research based techniques and her own personal experience she guides you towards breaking the trauma loop reawakening your true self and reclaiming your future

You're Not Broken 2021-03-30

people with problem movement issues repeatedly ask what can i do to have better balance stop falling and walk better to this question they are often given a good deal of advice but frequently little of it is useful to them this is because they do not understand how to apply and use much of what they re being told naturally our movements simply work each day with minimal effort and without thought we use them but most everyone has little or no understanding of how their body makes them happen that s okay because not knowing doesn t matter when our easy movements continue to naturally work as we expect them to however when a person s natural movement ability begins to fade away it matters a great deal that they do not understand how their body creates natural movement our collective not knowing how our movements work creates a dilemma for those with problem movements and for those attempting to help them the big issue is this to realize how to correct the unnatural problem movements many people develop we first need to have a practical understanding of how our body works to create natural movements why to fix something that is not working as designed you first need to know how it works when it is functioning properly so you know what to fix thus not knowing how our natural movements work is the reason many people with problems and unnatural movements do not receive the help they require fortunately though while working to correct his increasingly problematic movements dr clouse gained an understanding of the physical cause that made his movements worse ultimately with improving clarity and better application of basic principles his problem movements returned to more natural movements this was strikingly significant and contradicted the accepted understanding that problem movements due to numerous causes and neurodegenerative disorders could not be changed applying his expertise for a decade he traveled the world helping individuals suffering with problematic movements and movement impairments the repetitive positive

results proved the effectiveness of his methods of note most of the people he worked with had a neurodegenerative disorder while others had different causes for their problem movements these significant findings revealed that this information needs to be shared with everyone this led him to author this book on the natural mechanics of our body regarding posture and movement throughout its detailed chapters he explains the practical mechanics for both natural and unnatural occurring movements using many of the individuals he worked with as examples

Reclaiming Natural Movement 2022-01-18

reclaiming black history presents a new narrative that ends the shameless separation of african american native american and mexican american history from standard american history it does not make white americans the center of american history instead these writings place all the groups in the context of actual historical events cooperating clashing coexisting and contributing to make america what it is today reclaiming black history literally tells the history of saints and scoundrels these stories about black brown red and white men and women tell how they struggled to understand and coexist with each other reclaiming black history also tells of the scoundrels who used and pitted people against each other for their own personal gain and profit unlike standard american history these essays discuss slave revolts that were actually successful which meant slaves escaped revolts were often planned and coordinated with other slaves native americans and white americans slaves carefully considered how their decisions to form alliances with other groups and to revolt would affect them whites of goodwill helped cooperated and coexisted with blacks and native americans they also were in conflict and at times whites paid with their lives for the decision to help or oppose people of color these essays cover a wide swath of american history from maroons fighting for freedom in impassable swamps to an abolitionist senators being beaten in the halls of congress to blacks and whites cooperating to run the underground railroad reclaiming black history discusses the physical social economic and psychic conflicts and connections these americans shared native americans are represented as they actually were not as they are seen in the common historical narrative as irrational savages or passive sidekicks native americans were powerful in their own right people who thought strategically and deeply about how the repercussions of their actions would affect them and others in the future they formed alliances with whites black and brown people to achieve and protect their own rights reclaiming black history presents women in a new narrative as powerful individuals from the women of color in the south who used hairstyles and headdresses as a means of protest against inequality to a petite white woman from the north helping slaves escape reclaiming black history highlights many of these women for the first time revealing the common sense story of how they fit into the american historical narrative reclaiming black history gives the names and shows images of some of these heroes and scoundrels for the first time in this new narrative people of color are no longer nameless invisible contributors to our country s complicated history

Reclaiming Black History 2017-04-05

representation is integral to the functioning and legitimacy of modern government yet political theorists have often been reluctant to engage directly with questions of representation and empirical political scientists have closed down such questions by making representation synonymous with congruence conceptually unproblematic and normatively inert for some representation has been deemed impossible to pin down analytically and to defend normatively by others but this is changing political theorists are now turning to political representation as a subject worthy of theoretical investigation in its own right in their effort to rework the theory of political representation they are also hoping to impact how representation is assessed and studied empirically this volume gathers together chapters by key contributors to what amounts to a representative turn in political theory their approaches and emphases are diverse but taken together they represent a compelling and original attempt at re conceptualizing political representation and critically assessing the main theoretical and political implications following from this namely for how we conceive and assess representative democracy each contributor is invited to look back and ahead on the transformations to democratic self government introduced by the theory and practice of political representation representation and democracy outright conflict uneasy cohabitation or reciprocal constitutiveness for those who think democracy would be better without representation this volume is a must read it will question their assumptions while also exploring some of the reasons for their discomfort reclaiming representation is essential reading for scholars and graduate researchers committed to staying on top of new developments in the field

Reclaiming Representation 2017-05-25

a holistic and powerful framework for accepting and liberating our bodies and ourselves have you ever felt uncomfortable or not at home in your body in this book the founders of body trust licensed therapist hiliary kinavey and registered dietician dana sturtevant invite readers to break free from the status quo and reject a diet culture that has taken advantage and profited from trauma stigma and disembodiment and fully reclaim and embrace their bodies informed by the personal body stories of the hundreds of people they have worked with reclaiming body trust delineates an intersectional social justice orientated path to healing in three phases the rupture the reckoning and the reclamation throughout readers will be anchored by the authors innovative and revolutionary body trust framework to discover a pathway out of a rigid mechanistic way of thinking about the body and into a more authentic sustainable way to occupy and nurture our bodies

Reclaiming Body Trust 2022-08-30

reclaiming goodness education and the spiritual quest begins with the premise that sound models for achieving both spiritual fulfillment and the good life are lacking in contemporary culture arguing that contemporary education is responsible for having abandoned spirituality and the cultivation of goodness in people hanan alexander advances a definition of spirituality which acknowledges an integral connection to education reclaiming goodness charts a way to reintegrate ethical and spiritual values with the values of critical thought and reason written in accessible and non technical prose it will be of interest to professional educators as well

as to a wider audience

Reclaiming Goodness 2001-05-22

do these sound like qualities you express each day have you tried to get rid of them have you not been successful what if you could replace them with happiness peace and forgiveness what if these were qualities that could triumph in your life and finally bring you the joy you have searched for in a world filled with unimaginable pain suffering and hardship god has promised us abundant overflowing joy joy that is deeper than any situation we face and greater than any person we meet can you imagine such joy a joy that overflows during the good times of life and a joy that carries us through the difficult valleys as well a joy that does not depend on people or on circumstances this is what god readily offers us it is part of our birthright as children of god but are we willing to claim it join author lorraine hill as she guides you through an eight week daily bible study to find joy for your life follow along asreclaiming your joyteaches you about your god given privilege to find everlasting joy through him this inspirational study will encourage and guide you to find solutions that will allow you to reclaim your joy how to be obedient how to overcome worry how to promote peaceful relationships and so much more prepare for the most important growth in your life the growth from achieving eternal joy

Reclaiming Your Joy 2011-10

stop being a people pleaser learn how to set boundaries and say no without feeling guilty are you fed up with people taking advantage of you are you tired of coworkers friends and family members demanding your time and expecting you to give it to them if so the art of saying no is for you imagine being able to turn down requests and decline invitations with confidence and poise imagine saying no to people asking you for favors and inspiring their respect in the process download the art of saying no how to stand your ground reclaim your time and energy and refuse to be taken for granted without feeling guilty amazon bestselling author damon zahariades provides a step by step strategic guide for setting boundaries and developing the assertiveness you need to maintain them you ll learn how to say no in every situation at home and in the workplace according to your convictions and best of all you ll discover how to get your friends family members bosses coworkers and neighbors to respect your boundaries and recognize your personal authority in the art of saying no you ll discover my personal struggle with being a people pleaser and how i overcame the habit the top 11 reasons we tend to say yes when we know we should say no 10 simple strategies for turning people down with finesse why saying no to people doesn t make you a bad person the opposite is true the best way to develop the habit of setting personal and professional boundaries how to know whether you re a people pleaser and how to gauge the severity of the problem plus bonus material dedicated sections on saying no to your spouse kids friends neighbors coworkers clients bosses and even strangers if you re sick and tired of being taken for granted grab your copy of the art of saying no today start taking control of your life by learning how to say that simple beautiful word no scroll to the top of the page and click the buy now button

The Art of Saying No 2017

many pastors today see themselves primarily as counselors leaders and motivators yet this often comes at the expense of the fundamental reality of the pastorate as a theological office the most important role is to be a theologian mediating god to the people the church needs pastors who can contextualize biblical wisdom in christian living to help their congregations think theologically about all aspects of their lives such as work end of life decisions political involvement and entertainment choices drawing on the bible key figures from church history and christian theology this book offers a clarion call for pastors to serve as public theologians in their congregations and communities it is designed to be engaging reading for busy pastors and includes pastoral reflections on the theological task from twelve working pastors including kevin deyoung and cornelius planting

The Pastor as Public Theologian 2015-08-11

everyone loves a people pleaser they re always willing to help to stay late to fill in to go along but if you re one of them you often end up feeling violated ignored disrespected and disconnected from life and others silently enduring the ongoing and relentless invalidation of who you are and what you want will reliably wreak havoc on your health and the health of your relationships psychotherapist ilene s cohen uses real world examples and activities to help you take a systemic look at people pleasing you ll learn how to reclaim a strong and balanced sense of self while still being a good person how to break the harmful behavior patterns that keep you from being heard listened to and respected specific strategies for transforming yourself from selfless to self full how to go from feeling vanished to being clearly differentiated how to get what you want and need while actually earning even more respect from others

When It's Never about You 2017

have you ever wondered where the abundant life scripture promises is and how you seem to have missed it do you ever catch yourself saying those were the best years of my life a failed relationship a health crisis a job loss the death of a loved one all can cause us to hide out go numb give up before we even know it we re simply coping with life instead of living it to the fullest it happens to most of us at one point or another for author and bible study teacher denise hildreth jones it happened in the wake of her devastating divorce but she fought desperately to reclaim her god designed heart and now in her transparent authentic style denise challenges you to do the same sharing stories from her own journey and others she s walked alongside denise will help you identify ways you ve given your heart to lesser gods like performance people pleasing and control and how to find your way back to god s design for your life to laughing loving and living life to the fullest

Reclaiming Your Heart 2013-02-18

the life that wants to live in you is different than the life you are living if you've ever had the feeling that something is missing that there must be more to life or that you have so much more to offer reclaim is about to change your life young or old single or married rich or poor people from all walks of life share these same sentiments if you've ever heard your own soul whispering one of these feelings then this book is about to change your life through an enlightening question and answer format inspiring stories and practical articles matthew kelly reveals a truth we all need to hear these feelings within us are not human malfunctions they are a message from the deepest part of you calling you to settle for nothing less than the very best version of you for nearly 30 years matthew kelly has been helping people discover the best version of themselves this book is an exploration of a crucial but often overlooked aspect of that process reclaiming the parts of ourselves and our lives that we've lost along the way you'll find piercing wisdom and practical insights for reclaiming such things as your enthusiasm contentment emotional boundaries love of learning soul in a secular world priorities relationship with money and things and hope for the future no matter what you've lost or sense is missing you'll receive the tools and inspiration you need to reclaim your life answer the call to more from your very soul and reach a new level of flourishing what do you need to reclaim reclaiming what you've lost is essential to flourishing as the person you were meant to be unique and wonderful like never before

Reclaim 2021-12-15

this book presents a bold hypothesis the social transformation at the heart of feminist theory will be concretised only when women and men use their imaginations to empower new ways of being in and understanding our world feminist theory and the history of the philosophy of the imagination are used as resources to outline how the practice of sexual difference as an ontological vocation and its application to religious language can be a call to live love and mutual relations in a new way poetry art cultural and literary works are key resources too gilligan invites the reader to apply this theory history and art to their own unfolding gender identities through an imagination no longer hindered by patriarchal characteristics and restrictions she offers a special focus on the becoming of female subjectivity she knew that if people especially though not only women imagine the possible for themselves and our world through doing the hard work of becoming subject not object of any other such agency would necessarily change even the most intransigent social economic and cultural problems to shift violence towards peace lies towards truth poverty and inequality towards the flourishing of every one she bore witness to this in her own life with others

Reclaiming the Secret of Love 2021

in an age of mass camera surveillance people in the uk have become the most watched catalogued and categorised people in the western world all with little public debate or opposition nor has there been much more critical research that understands cctv within the broader social relations out of which it has grown and consolidated the aim of this book is to analyse the use of cctv within this broader social political and ideological context focusing on relations between surveillance power and social order using liverpool as a case study at the same time the book provides a study of social control in liverpool city centre exploring the development of and meaning attributed to social control practices by those at the centre of the implementation and management of these practices as such the book is a study of the locally powerful their organisation through the local state and their perceptions of order and disorder in the city centre liverpool's cctv network is thus seen as emblematic of the developments in social control which the book explores the book makes a key contribution to theoretical debates around social control in four respects it places the analysis of cctv within an understanding of the social relations in which the technology emerged it analyses cctv as a normative tool of social control and not merely as a piece of crime prevention technology it considers how social scientists and criminologists think about and understand social control in the contemporary setting and finally it seeks to draw lessons from the liverpool case study and considers their applicability to the study of cctv more generally

Reclaiming the Streets 2012-12-06

55 off for bookstores discounted retail price now at 32.95 instead of 43.95 would you like to know a method for avoiding toxic relationships and live a better life then keep reading toxic love is a desire for the continuous pleasure of intense highs delivered by an unreliable partner in its grip the rest of the world fades in importance job schoolwork children friends awareness is tunneled toward one thing only desire for another human being without regard to the mutuality necessary for a lasting emotionally intimate relationship toxic love is not reliable or consistent and it does not provide the basic elements that a romantic relationship needs to transcend the superficial its pernicious hold and attraction can be broken with information and self awareness this book covers the following topics what is a toxic relationship and why do partners hurt you types of toxic relationships manipulators psychopaths and narcissists what is an emotional manipulation and what are the signs to recognize it emotionally manipulative tactics partners use to control relationships how to recognize and beat them how to handle narcissistic behaviors methods tips and strategies to recover and much more as much as finding love may seem like serendipity those we pick to love and to love us are largely a representation of how we were loved as children understanding how you were attached or not attached to your family as you grew up will provide valuable information about why you let certain types of people into your life if you are engaging in repetitive toxic love then you may not yet have accepted that you are an inherently lovable person fully worthy and deserving of love instead you may be repeatedly playing out a greek tragedy where you try to vindicate your past by teaching an inattentive partner to become a devoted partner each time this game is staged you are the character who has the unhappy ending buy it now and let your customers get addicted to this amazing book

Toxic Relationships 2021-04-14

since when was it unpatriotic to dissent why is it un american to question our government s policies and how did the far right manage to claim the flag exclusively for itself a book that the country desperately needs 50 american revolutions is a concise quick guide to the people and events in our country s history that progressives and anyone not impressed by the radical right s warped version of patriotism can be proud of author mickey z begins with thomas paine s revolutionary manifesto common sense written anonymously as a pamphlet in january 1776 and read by every member of congress and goes on to highlight the most notable people and events in the history of the united states right through to the families of 9 11 victims in the group peaceful tomorrows questioning the connection between the events of that day and the united states subsequent acts of aggression in iraq in addition to concise essays on everything and everyone from the bill of rights to disability rights coxey s army to public enemy mickey also highlights important milestones along the timeline of the book making for a complete picture of us history good with bad as with russ kick s ultra popular 50 things you re not supposed to know 50 american revolutions is perfectly sized for handbags and coat pockets it s the same size as a cd it s a tremendous gift for anyone whose idea of patriotism needs some revision

50 American Revolutions You're Not Supposed to Know 2005-09-01

the crisis of the neoliberal order has resuscitated a political idea widely believed to be consigned to the dustbin of history brexit the election of donald trump and the neo nationalist anti globalisation and anti establishment backlash engulfing the west all involve a yearning for a relic of the past national sovereignty in response to these challenging times economist william mitchell and political theorist thomas fazi reconceptualise the nation state as a vehicle for progressive change they show how despite the ravages of neoliberalism the state still contains resources for democratic control of a nation s economy and finances the populist turn provides an opening to develop an ambitious but feasible left political strategy reclaiming the state offers an urgent provocative and prescient political analysis of our current predicament and lays out a comprehensive strategy for revitalising progressive economics in the 21st century

Reclaiming the State 2017-09-15

not since the revolution has our nation faced greater challenges or more potential for total collapse america is hanging by a thread politics have failed government policies are disastrous corruption abounds the dollar is fading courts are abandoning the constitution morality has been lost and the majority of citizens are dreadfully silent the light from the city on a hill has grown dim the question is will it go out one thing is certain now is the time for action america originated from an ideal unlike anything previous consisting of we the people and the foundation of under god tragically the founders vision has become unrecognizable today hence under god we the people have a sacred responsibility to be good citizens involved in preserving the moral and political purity of our republic in fact our system of government does not work without involvement from the people so to be disengaged at this critical hour must be considered un american and unacceptable another revolution is desperately needed if america is to be salvaged and the sacrificial commitment of our forefathers will be required today the enemy is not the british we are the problem but we are also the solution it s now or never provides a path for reclaiming america by clearly identifying the key issues that are destroying our nation s core this book sets forth essential steps each citizen can take to help regain our country and become a part of the solution the light of america can shine again your role is vital but you must act quickly it s now or never

It's Now Or Never 2012-01-11

are you tired of the materialistic craziness of christmas celebrations instead of relishing the wonder and joy of the holy holiday we stumble through in a commercial haze feeling exhausted and ready for it all to be mercifully finished is there an alternative to this commercial dilemma happily there is what we need is not only permission to reclaim our sacred season but also creative ideas for peace filled stress free and meaningful celebrations a plethora of delightful and diverse ideas can help your family not only to anticipate the season but also to grow closer through advent and enjoy the holy season in a more meaningful other centered way

Reclaiming Christmas 2013-12

explores the relationship between the environment human activity and social justice

Reclaiming Nature 2007

bringing armed conflicts to an end is difficult restoring a lasting peace can be considerably harder reclaiming everyday peace addresses the effectiveness and impact of local level interventions on communities affected by war using an innovative methodology to generate participatory numbers pamina firchow finds that communities saturated with external interventions after war do not have substantive higher levels of peacefulness according to community defined indicators of peace than those with lower levels of interventions these findings suggest that current international peacebuilding efforts are not very effective at achieving peace by local standards because disproportionate attention is paid to reconstruction governance and development assistance with little attention paid to community ties and healing firchow argues that a more bottom up approach to measuring the effectiveness of peacebuilding is required by finding ways to effectively communicate local community needs and priorities to the international community efforts to create an atmosphere for an enduring peace are possible

Reclaiming Everyday Peace *2018-08-31*

feminist city is an ongoing experiment in living differently living better and living more justly in an urban world we live in the city of men our public spaces are not designed for female bodies there is little consideration for women as mothers workers or carers the urban streets often are a place of threats rather than community gentrification has made the everyday lives of women even more difficult what would a metropolis for working women look like a city of friendships beyond sex and the city a transit system that accommodates mothers with strollers on the school run a public space with enough toilets a place where women can walk without harassment in feminist city through history personal experience and popular culture leslie kern exposes what is hidden in plain sight the social inequalities built into our cities homes and neighborhoods kern offers an alternative vision of the feminist city taking on fear motherhood friendship activism and the joys and perils of being alone kern maps the city from new vantage points laying out an intersectional feminist approach to urban histories and proposes that the city is perhaps also our best hope for shaping a new urban future it is time to dismantle what we take for granted about cities and to ask how we can build more just sustainable and women friendly cities together

Feminist City *2020-07-07*

you re not alone people tend to think that loss of menstrual cycles only happens to olympic level athletes or people with eating disorders but it turns out you can have seemingly healthy eating and exercise habits and still be faced with a missing monthly cycle in fact your lifestyle may be the culprit no matter how long you ve been without a period our recovery plan will guide you on the path to regaining your cycle and improving your long term health and fertility

No Period. Now What? *2016-04-14*

the challenges rapid urbanisation encompasses are manifold so are the efforts addressing sustainable and inclusive development frameworks reclaiming public space through intercultural dialogue is an intercultural and interdisciplinary initiative which focuses on how social and spatial segregation can be overcome in metropolitan areas through joint research and teaching activities in the cities of dortmund and amman three comprehensive topics emerged urban transformation and the role of public space social and cultural dimensions of cities and nature based planning approaches the book compiles contributions to these topics from researchers practitioners and students which were presented in an international conference held at the german jordanian university in madaba jordan in november 2017

Reclaiming Public Space through Intercultural Dialogue *2018-07*

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